

DEVOTIONAL  
WORKBOOK  
WEEK 2

# FASTING 25





# DAY 8

## Hebrews 11:1

*Faith shows the reality of what we hope for; it is the evidence of things we cannot see.*

**Genesis 22** tells the story of Abraham, a beloved servant of God who walked with Him day and night. Abraham's relationship with God was deeply intimate and steadfast. He and Sarai had prayed for a child, and in their old age, God blessed them with a son. In this passage, God asks Abraham to sacrifice his son as an offering. Abraham obeyed without hesitation. Imagine if you were asked to sacrifice your own son or daughter—you might immediately think, *That can't be God speaking to me.* But Abraham recognized God's voice above all else.

Though the text doesn't explicitly describe it, consider the emotional weight Abraham might have carried. What if he cried through the night, pleading with God for another way? This was his beloved son, someone he cherished deeply. The thought of losing him must have caused unimaginable pain.

Now, what if God asked you to give up something you love? Would you respond like Jesus did in the garden of Gethsemane, saying, "Take this cup away from me," while still submitting to God's will? God was seeking sacrifice from Abraham, and He seeks the same from us today. Sacrifice is about obedience. Saul's story serves as a warning in this regard. When Saul failed to follow God's instructions, we were reminded of the truth: "Obedience is better than sacrifice."

So, what are you willing to sacrifice to see God's manifestation in your life?

If you find yourself hesitating, ask yourself: *What's holding me back?* Is it fear, unforgiveness, addiction, or something else? Often, we see surrender as a last resort, but when we recognize that our lives are not our own, surrendering becomes freeing.

We want all that God has for us. So today, surrender. Sacrifice. Give Him everything, and watch what He will do in your life.

**Lord,** Make my heart and your become one. Lord, I am willing to sacrifice whatever you say to staying obedient to you. Lord, sometimes I have delay in my steps because truly I am fearful of the unknown. However, I know that your ways are better and higher than mine. May I give you everything and more. Not because I want something in return but because I want to be an obedient child of the King. **Amen.**

**Reflective Songs: More Than This- Cece Winans, Just Like Jesus- One House Music**



## DAY 9

### 1 Corinthians 2:9

**“However, as it is written: ‘What no eye has seen, what no ear has heard, and what no human mind has conceived’—the things God has prepared for those who love him”**

Thirteen years ago, I knelt in our old sanctuary, praying and asking God to open the door for me to become a licensed provider able to counsel others. I had just earned my master’s degree and was eager to walk in what I thought was my calling. I remember asking, “Lord, if You would do this for me...” and believing in faith that He could.

But year after year passed, and my prayers seemed unanswered. I was applying for jobs I was overqualified for, and **rejection after rejection** left me frustrated. One day, God’s answer was clear: **Not right now**. I cried, feeling stuck in a job that didn’t appreciate me and one where, honestly, I had stopped giving my all. I was completing my responsibilities, but my heart wasn’t in it.

Then God convicted me with **Colossians 3:23**: “Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.” He told me to fix my attitude, and I couldn’t ignore it. I made an intentional effort to change my mindset and give my best—even in a place where I felt unseen.

Within two months, I got another job. But God’s plan wasn’t done. It wasn’t until this year, thirteen years after that prayer, that He allowed me to get licensed. Here’s the amazing part—it wasn’t even the license I had originally prayed for, but one that didn’t even exist when I first asked! God had been preparing **something greater** than I could have imagined, all in His perfect timing.

When we trust God’s plans, even when they don’t align with our timeline, He exceeds our expectations. His ways are always better than ours, and His timing is perfect.

**Reflective Questions:** What are you possibly rushing the timing of? What is God saying about this matter?

**Lord**, thank You for always preparing what’s best for us, even when we don’t understand Your timing. Help us to trust You through the waiting, to work with all our hearts as unto You, and to remain faithful. Thank You for exceeding our expectations in ways we can’t even imagine. In Jesus’ name, **Amen**.



Psalm 85:6

*"Will you not revive us again, that your people may rejoice in you?"*

As we are fifteen days into 2025, let's pray for a fresh outpouring of God's Spirit, reviving our hearts, minds, and spirits. Revival is not just an emotional experience but a transformative encounter that empowers us to live a life that manifests God's glory.

Manifestation through Revival

In 2025, let's expect a manifestation of God's power and presence in our lives. As we seek revival, we can anticipate:

1. **Deeper intimacy with God:** A revived heart seeks a closer relationship with the Father.
2. **Renewed passion and purpose:** Revival ignites a fresh sense of direction and enthusiasm for life.
3. **Increased faith and boldness:** As we experience revival, our trust in God grows, and we become more confident in sharing our faith.
4. **Transformed relationships and communities:** Revival can bring people together, fostering unity, love, and a sense of belonging.

**Dear Heavenly Father,**

We come before you, seeking a fresh outpouring of your Spirit in our lives. Revive us, Lord, that we may rejoice in you. Manifest your presence and power in our lives, transforming us into vessels that reflect your glory. In Jesus' name **Amen**.

**Reflection Question:** *What areas of your life need revival in 2025? Ask God to revive your heart, mind, and spirit, and expect a manifestation of His power and presence in your life.*



## DAY 11

**Romans 18:19 & 22**

***For the earnest expectation of the creature waited for the manifestation of the sons of God verse 22 for we know that the whole creation groaneth and travaileth in pain together until now.***

These scriptures touch my heart because of something that I witnessed at children's ministry on a Sunday morning. A young man named Ron Sumpter was about 8 or 9 years old and he said to his dad who was the youth pastor. He said that he had a "Word". He spoke out to the class "the whole earth is groaning waiting for the manifestation of the sons of God". I remember that spoken word as if it was today. This young child's boldness and sincerity I will never forget those words that came forth out of his mouth.

When I read these scriptures it causes me to think of the lost people in the world today that are **waiting to see the manifestation** of the sons and daughters of God to show up and share Jesus with them. The world is waiting to see Jesus and through us the believers the disciples of Christ.

We are to also manifest the prayer in Matthew 16 **thy kingdom come thy will be done on Earth as it is in heaven**. God's desire is for us to manifest victory in every area of our lives that Jesus will be seen and glorified in and through us, spirit soul and body. Letting the world see that the word of God is true, that Jesus is our savior, healer, provider, our way maker, our all and all. That the world will see the **goodness** of the Lord in the land of the living through the people of God. That those that do not know the Lord will cry out and say I want to know this Jesus that you serve. Let this be a season of manifestation.

**Father**, I want to see your Kingdom come on Earth as it already is in Heaven. I pray that you will begin to stir my heart. In Jesus Name, **Amen**.

**Reflective Question-** *How can I, in my daily life, boldly manifest the presence of God so that others see His goodness and are drawn to know Jesus?*

# DAY 12

Isaiah 55:8-9

***“For My thoughts are not your thoughts, Nor are your ways My ways,” says the Lord. For as the heavens are higher than the earth, So are My ways higher than your ways, And My thoughts than your thoughts.”***

Manifestation can mean the process of continued positive thinking and visualization until thoughts become a reality. Manifestation can also mean the observable embodiment of one's thoughts or ideas. The key in either perspective of manifestation is.... They both require FAITH!

With manifestation, there is no direct, measurable, tangible, accountable link that connects Idea to Fruition. Rather, the connection from Idea to Fruition – for the most part – is belief. In other words... Manifestation is faithing something to happen OR Manifestation is the something that happened after faithing it.

I am happy to **serve** a God who is above and beyond our ways and thoughts. There is a cap on our natural imagination. There is a cap on how much we can naturally think of. There is a cap on how naturally creative we can be. God has no such cap. He sees things, knows things, and creates things that are above and beyond our natural capacity. And the beautiful part is that God's thoughts of us and intentions for us are PERFECTLY GOOD. God's Word tells us that when we put our Trust and Faith in Him... then all things are possible (reference Matt 17:20). Our Faith fills the gap between

**Dear God**, thank you for being perfectly Holy and infinitely Good. Thank you for my life and this opportunity to fulfill the purpose you have for my life. I ask for forgiveness for my sins, shortcomings, and strongholds that aren't Godly. Lord, I Pray that I remain encouraged and Faithful that when I rely on You, then I know that all things are possible. I Pray for wisdom, patience, discernment, guidance, good decision-making. And even as I ask these things, I Pray that YOU have YOUR way... as I ask from a limited, natural, Earthly perspective. But Your ways are better than mine. So, if the things I desire align with your will, then let it be. But God I yield to your viewpoint and intentions and ask that you have Your way before mine. I Pray that the thoughts, ideas, seeds, and Faith from 2024 lead to manifestation in 2025. I pray that when it happens, I remain humble and never forget to give you the glory. As we continue through this Daniel's Fast, we rely fully on You for strength to stay disciplined, encouraged, and focused, with a God-first attitude. Help us on our Faith walk. Help our Faith get us from Idea to Fruition. Thank you, Lord. In Jesus's name, I pray... **Amen.**

A formula for manifestation: Think Positively (See it), Input Faith (Believe it), and Watch God work (You will achieve it)!

**Action Step: Repeat the Prayer, with one caveat. This time... physically drop to your knees and raise both arms as you Pray (if you are physically able to do so). Say the Prayer out loud.**



# DAY 13



**Ephesians 5:29**

*No one hates his own body but feeds and cares for it, just as Christ cares for the Church.*

After church one Sunday, my daughter and I had a conversation with the late Elder Percy Dennis. During that conversation, he quoted a scripture that has stayed with me ever since: "No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love Him."

**—1 Corinthians 2:9**

When I heard those words, they stirred something deep in my soul. I still vividly recall Elder Dennis quoting that scripture with such **conviction, strength, and unwavering faith**. I wrote it down, and when I got home, I read it over and over again. Since that day, it has become one of my favorite go-to scriptures.

I often step outside and marvel at the miracles of God's creation—the sun, the moon, the stars, the sky, the Earth, the wind, the clouds. Every part of His handiwork testifies to His greatness. If God created all of this, I firmly believe that He has prepared manifestations in my life and the lives of my family that are far beyond anything I can imagine. Lord, You are awesome. You are the great I Am. There is none like You. I trust in You, my God, my Lord, and my Savior. You never fail. Forgive us, Lord, for anything we have said, done, or thought that is not pleasing to You. It is **your** desire that we prosper in all that we do. What You have prepared for us is greater than anything our eyes have seen or our ears have heard. Help us not to conform to the patterns of this world but to align our lives with Your Word.

**Father**, I thank You for the great and mighty things You have prepared for those who love You. In Jesus' name, I pray, **Amen**.

We may not know what the future holds, but we do know the One who holds the future. So go ahead—dream **BIG** and **WIDE**.

**Reflective Question:**

*In what ways can I deepen my trust in God's plans for my life, knowing that His preparations for me are far greater than I can imagine?*



# DAY 14

**Ephesians 5:29**

**No one hates his own body but feeds and cares for it, just as Christ cares for the Church.**

We eat daily and exercise regularly to maintain our health and physical fitness. The Apostle Paul reminds us that we all nurture and care for our bodies.

In the same way, our devotional life nurtures and cares for our hearts (spirit and soul) through proper nutrition (the Word of God) and exercise (prayer). God's Word serves as the essential nourishment our spirits need, providing the nutrients and building blocks for growth and vitality. Prayer, on the other hand, functions like physical exercise. While it doesn't add new building blocks for growth, it activates and stimulates growth and development by utilizing the nourishment provided by the Word. Together, the Word and prayer are not options from which we choose, nor are they independent of each other. Like proper nutrition and exercise for our bodies, they complement each other, working together to ensure spiritual health and strength.

As a personal testimony, my wife underwent her seventh back surgery in February 2024. During her recovery, she developed an infection, requiring an additional procedure to remove bacteria from the surgical site. For six weeks, I administered antibiotics intravenously. While her spirits were challenged, our faith in God never wavered. Through the spiritual "exercise and nutrition" of prayer and the Word, she is now 95% healed. GOD IS GOOD ALL THE TIME!

**Father**, help me to have spiritual discipline as well as natural discipline over taking care of my temple that you have given me. **Amen.**

## **Reflective Question:**

**How can I better balance my spiritual "nutrition" through the Word and "exercise" through prayer to ensure consistent growth and strength in my faith, especially during challenging times?**



