

DEVOTIONAL
WORKBOOK
WEEK 3

FASTING 25





DAY 15

Psalm 1:6

For the Lord watches over the way of the righteous, but the way of the wicked will perish.

Believe in God and see the results of following His ways as opposed to straying from them. Put your trust in God for the outcomes that may follow. You can be comforted today knowing that God has the perfect plan for you. Faith and trust play an important role in our choices.

How do you interpret 'the Lord watches over the way of the righteous' and how has it manifested in your life?

Father, I thank you that because of Jesus Christ coming and dying on the cross, being raised and me accepting Him, I am being watched. I am protected. I am being guarded because I am your child. I feel so good that I am closely monitored and that God has His eyes on my situation **Amen**.



DAY 16

John 10:27-28

My sheep hear My voice, and I know them, and they follow Me. 28 And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand.

GOD IS SPEAKING TO YOU!

Naturally, we have the ability to see through our eyes. This allows us to drive, identify what we are eating, choose where to sit, read, judge distance and motion, and ultimately view the world around us. The eyes and brain work together seamlessly. Spiritually, it's the same. Our spiritual eyes, guided by the Holy Spirit within us, help us discern what is good and what is contrary, enabling us to view the world from a spiritual perspective. Developing this discernment takes time—it's like exercising a muscle to recognize when God is speaking to us for a purpose. We face natural blockers that can hinder us from hearing Him clearly because we live in a fallen world. This is why it's essential to maintain a clear view and trust that Christ does speak to us, regardless of what our minds may say or what circumstances may surround us. Remember, He is a good, good Father who always desires to communicate with His sons and daughters.

Press into scriptures that affirm God's voice in your life. Additionally, ask yourself these questions:

- What is blocking me from hearing Him, and where does it come from?
- How am I intentionally growing in friendship with Him?
- Is there anything preventing me from pursuing this relationship?

How do I intentionally build a relationship with the Holy Spirit?

1. Right Mindset
2. Time Investment
3. Communication
4. Turn to Him before all else

Father, thank you that you speak to me and that I can hear your voice. I pray that the things that are hindering me from hearing you clearly will be revealed. **Amen.**

Reflective Action:

Make a covenant statement with God. Knowing that you are a beloved son and daughter of Christ and that you can hear His voice.

Ex. I am fully known and loved by the King of Kings, He hears my voice and I know that I can hear His. I hear His voice in the unique way that He speaks to me. I am His son/daughter that, He loves so very dear that He gave His life for me (thank you for loving me unconditionally). I can hear His voice because His Word is a lamp unto my feet and lights my path.



DAY 17

Matthew 22:34-40

35 Then one of them, a lawyer, asked Him a question, testing Him, and saying, 36 "Teacher, which is the great commandment in the law?" 37 Jesus said to him, "You shall love the Lord your God with all your heart, with all your soul, and with all your mind.' 38 This is the first and great commandment. 39 And the second is like it: 'You shall love your neighbor as yourself.' 40 On these two commandments hang all the Law and the Prophets."

Today will be a deeply reflective exercise on the greatest commandment of all. Sometimes, we need a spiritual check-in to pause and focus on what truly matters and how God is speaking to us. Here are three practical words to help us understand the balance: UP, IN, and OUT. UP refers to our upward communication, focusing on our devotional life with Christ. IN relates to our inward community life, involving discipleship and relationships with those around us. Lastly, OUT emphasizes living missionally and supporting others in our community and the world around us.

UP- Talking with the Lord & Spiritual Disciples

IN- Community and Discipleship

OUT- On mission; broken world

How do you hear God in the **up** dimension? What are your spiritual disciplines in this area? How's your accountability with a committed community in the **inward**? How do you foster relationships with believers that are life-giving as well as, honest. How do you live **out** the mission of Christ in our world today?

Father, help me to love you more and more daily. May my upward walk with you grow daily. Help me to identify those people to live out my inward walk with and Father break my heart for what breaks your in this world in Jesus name, **Amen**.

Reflective Question:

Are you living a balanced life?

Take some time to think about the UP, IN, and OUT of your life. Write down each one and see what ways you can grow in your walk.



DAY 18

Exodus 3:13-15

13 Then Moses said to God, “Indeed, when I come to the children of Israel and say to them, ‘The God of your fathers has sent me to you,’ and they say to me, ‘What is His name?’ what shall I say to them?” **14** And God said to Moses, “I AM WHO I AM.” And He said, “Thus you shall say to the children of Israel, ‘I AM has sent me to you.’” **15** Moreover God said to Moses, “Thus you shall say to the children of Israel: ‘The Lord God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you. This is My name forever, and this is My memorial to all generations.’”

Names of God

We have heard many names of God, such as “Elohim,” “Rapha,” “Yahweh,” “El Shaddai,” “Adonai,” “El Roi,” and “Jehovah”—and there are so many more! In many ways, we even create our own names for God in a very 21st-century way, like “God be knowing,” “Won’t He do it,” “He’s an on-time God,” or “Look at God.” These names reflect your personal history with God and what He has done for you. Have you ever found the names of God that you couldn’t pronounce to be intimidating, or felt like you weren’t “Christian enough” because you didn’t know what they meant? I want you to know that each of God’s names signifies a monumental moment with Him. The stories behind these names are rich and meaningful. Take the time to dig deeper into the stories that reveal the significance of these names for God.

To dig deeper into the different names of God and see how He showed himself.

Here are some scripture references:

Elohim *GOD*- (Gen 1:1)

El Shaddai *LORD GOD ALMIGHTY*-(Gen 17:1; Gen 28:3; Gen 35:11; Gen 43:14; Gen 48:3)

Jehovah Nissi *The Lord My Banner*-(Exd 17:15)

Jehovah Shammah *The Lord Is There*-(Eze 48:35)

Adonai *Lord, Master*-(Gen 15:2)

Dig Deeper:

https://www.blueletterbible.org/study/misc/name_god.cfm

Reflective Question: How do you need God to manifest Himself to you? Which name of God are you calling on today? Write down your history with God based on that name.

DAY 19

Matthew 7:7-11

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. 8 For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened. 9 Or what man is there among you who, if his son asks for bread, will give him a stone? 10 Or if he asks for a fish, will he give him a serpent? 11 If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask Him!

Persevering in prayer is easier said than done—why? Because distractions abound in our daily lives. Yet, it's crucial to stay focused, remain committed, and persist through challenges. Seek God's guidance in setting goals, thinking big, and envisioning your potential. While setbacks are inevitable, take heart: a setback is often a setup for a comeback.

Life's surprises can test our faith and resolve, making us question, Is this worth it? Is this truly God's will for me? This is where perseverance becomes essential. **Matthew 7:7-8** reminds us to keep asking, seeking, and knocking—an invitation to persevere and trust in God's promises. Success rarely comes instantly; it demands patience, faith, and unwavering commitment, even when progress seems slow. The Bible is filled with stories of perseverance:

- Joseph endured betrayal, slavery, and imprisonment before his dreams were fulfilled.
- Moses faced doubt and rebellion while leading the Israelites.
- Paul overcame persecution and hardship to spread the gospel.

These individuals didn't give up when the journey grew difficult. They trusted God and kept moving forward. Perseverance doesn't mean never feeling discouraged—it's about choosing to let the joy of the Lord be your strength and continuing in faith despite your feelings.

Remember, we walk by faith, not by sight.

God gives us three answers to prayer:

1. Yes
2. No
3. Not Yet

If you haven't heard an answer, keep asking, seeking, and knocking, trusting God to open the door timing. Remember, a prayer delayed is not a prayer denied!

Here are some questions to ponder:

1. How can the promise in Matthew chapter 7:7-11 encourage you to keep asking, seeking, and knocking in prayer?
2. Think of a time that you felt like giving up, but you pressed through. What did you learn from that experience?
3. What Bible story or personal testimonies have inspired you to persevere?
4. What role does self-discipline play in your ability to persevere?

Here are confessions to focus on this season of Manifestation:

- I am stepping into the dreams and promises God has prepared for me.
- Obstacles are stepping stones, not stumbling blocks.
- I align my thoughts, actions, and words with God's plan for my life.
- This is my time for answered prayers, fulfilled dreams, and abundant blessings.
- This is my Season of Manifestation, and I am ready to receive all that God has for me!

Prayer:

Dear Heavenly Father, Thank You for Your promises in Matthew 7:7-8. Help me to persevere through challenges, trusting that You are working in my life for the good, even when progress seems slow and I get impatient. Holy Spirit, strengthen my faith and order my steps. I am ready to receive all that God has for me! Help me to maintain an attitude of expectation in this season of manifestation. I believe that I will thrive in 2025! I can see through the eyes of faith that “my best and brightest days are ahead of me”! Therefore, I will be determined to keep asking, seeking, and knocking, knowing that You will open the right doors at the right time. In Jesus' name, **Amen.**



DAY 20

Psalm 5:2

Listen to my cry for help, my King and my God, for I pray to no one but you.

When we have a problem, situation, or crisis we call out to our God asking for His attention and help in the matter. An acknowledgment of King and God tells us of God's sovereignty and authority. It reflects the trust and reliance on God's guidance and protection through prayer knowing that He is God.

How has prayer been a source of comfort and strength in your life, and what specific situations do you find yourself turning to God in prayer?

Father, My King, and my God, hear my cry today. For surely my Lord, you bless the righteous; you surround them with Your favor as with a shield. **Amen**.



Psalm 100

Make a joyful noise to the Lord, all the earth! Serve the Lord with gladness! Come into his presence with singing! Know that the Lord, he is God! It is he who made us, and we are his; we are his people, and the sheep of his pasture. Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name! For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations.

Today, let us pour out our love to Him in thanksgiving. It's easy to read the Word and ask God for something, but it's another thing to recognize who God is to us and give Him praise for that. It's *Your breath in our lungs, so we pour out our praise.* May we not read Your Word only for what You can do for us but because we desire to love You for who You are. Let there be a fresh outpouring of Your Holy Spirit, who is always with us. May we not end these 21 days and set Your Word aside, but instead, let us continue to consecrate ourselves in ongoing obedience to who You are.

Lord, may I learn to love You even more. As I study Your Word, guide me in the areas I struggle to comprehend. When understanding is difficult, may the revelation of Christ be made clear to me.

Father,

My Lord, my keeper, my shelter, my love, my sustainer, my helper, my healer, my stabilizer, my comfort. I simply say thank you for being just that. Thank you for sustaining me with breath in my body. Thank you for keeping my mind when my inner thoughts run wild. Thank you for being the one who loves me unconditionally. Thank you for being my helper when I am lost and I'm unsure of what to do. Thank you for being my healer not just physically but mentally and emotionally. Thank you for being my comfort when no one is there. Only YOU God are the one true and living God who is a covenant keeping God. Thank you for revealing who you are to me when I have questions. Thank you that I am able to come to you for anything that I stand in need of. I have no words other than THANK YOU. My heart is full of thanksgiving. Lord, I know I've written requests down of what I want to see happen in my life but I pray now that anything that is not in line with your will that you have for my life will fall to the wayside. May I pick up the vision that you have for my life. God more than anything in this moment I give you THANKS. THANK YOU LORD. **Amen.**

Biblical Resources:

Logos Study Bible
YouVersion App
Bible Project.com

Reflective Action: Write down a prayer reflecting over the things that He has shown you and has been to you over this 21 days.

